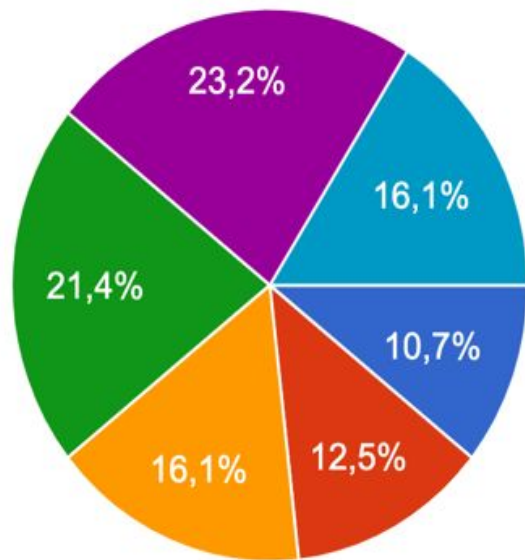


SURVEY ON EATING HABITS

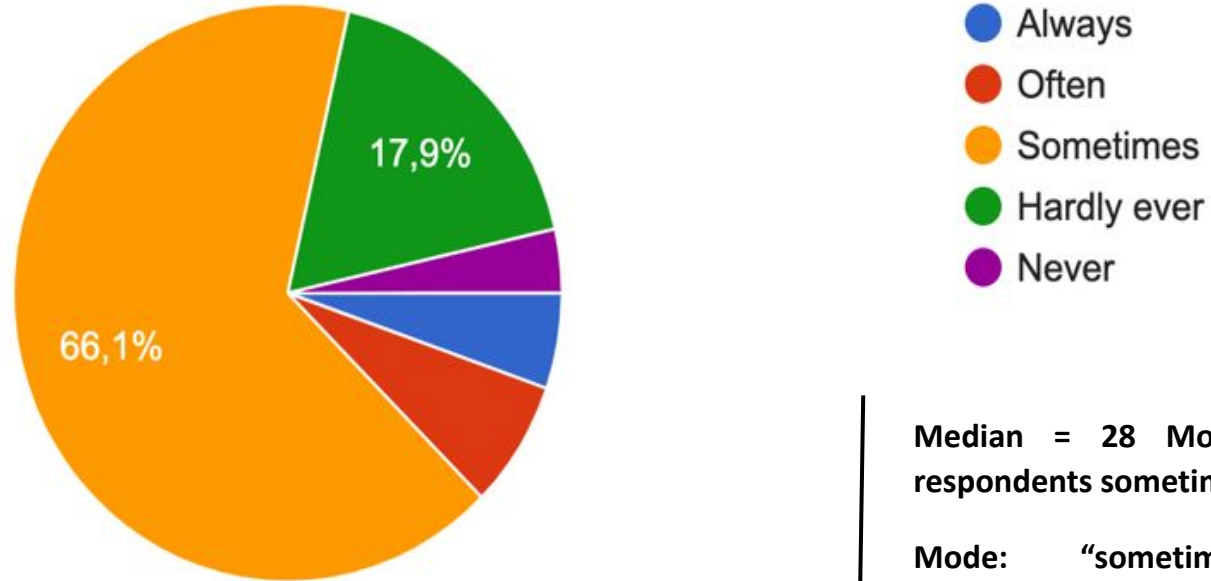


WHAT GRADE ARE YOU IN?



- 1° ESO
- 2° ESO
- 3° ESO
- 4° ESO
- 1° BTO
- 2° BTO

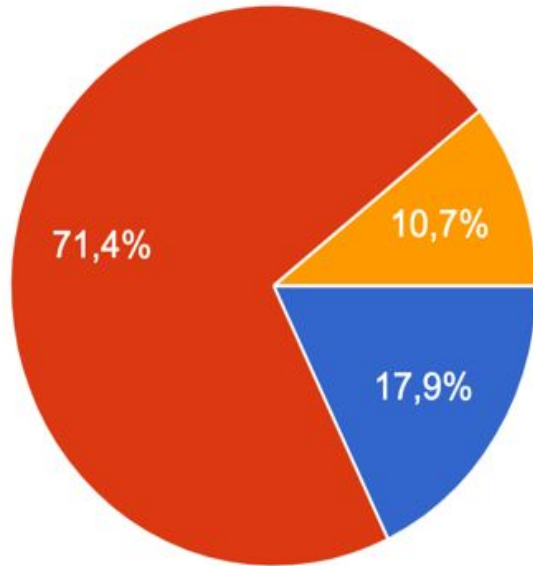
1. HOW OFTEN DO YOU EAT JUNK FOOD?



Median = 28 More than half of the respondents sometimes eat junk food.

Mode: "sometimes" Among the respondents, the most common answer is that they sometimes eat junk food.

2. HOW MANY PIECES OF FRUIT DO YOU EAT EVERYDAY?

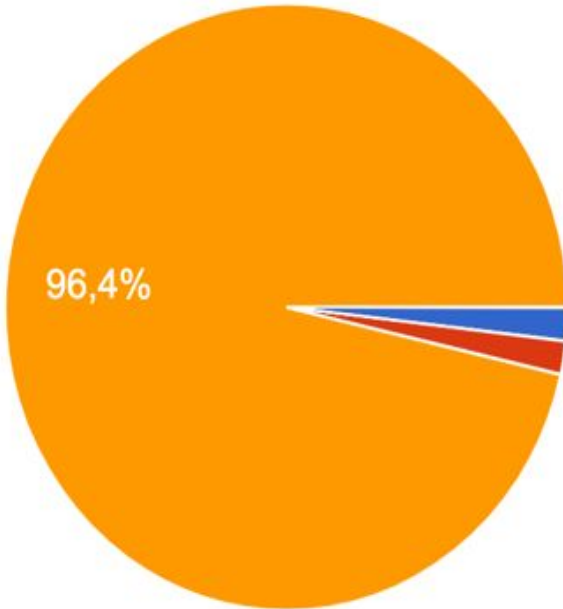


- Three or more
- One or two
- None

Median = 28 More than half of the respondents eat one or two pieces of fruit everyday

Mode: "One or two". Among the respondents, the most common answer is that they eat one or two pieces of fruit everyday

3. ARE YOU VEGETARIAN OR VEGAN

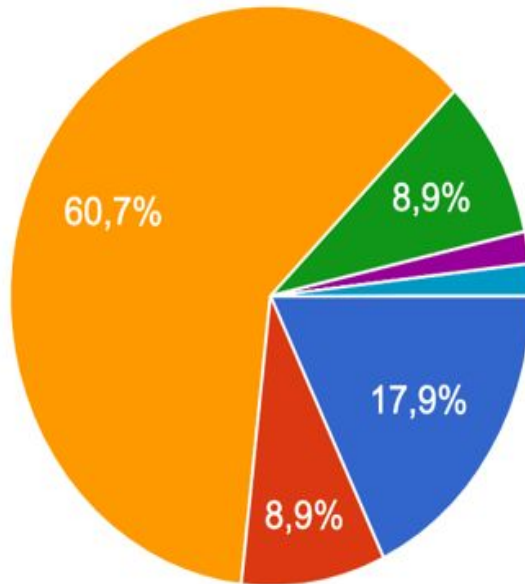


- I'm vegetarian
- I'm vegan
- No

Median = 28 Almost all of the respondents aren't vegetarian or vegan

Mode: "No" Among the respondents, the most common answer is that they aren't vegetarian or vegan

4. WHAT DO YOU USUALLY EAT AT SCHOOL?

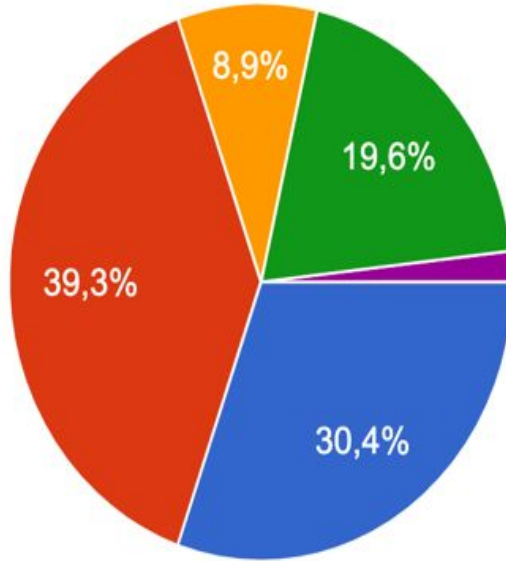


- Nothing
- Fruit
- Sandwich
- Croissant, donut, etc
- Bocadillos, patatas
- Juices

Median = 28 More than half of the respondents eat a sandwich at school

Mode: "Sandwich" Among the respondents, the most common answer is that they eat a sandwich at school

5. HOW MANY LITERS OF WATER DO YOU DRINK PER DAY?

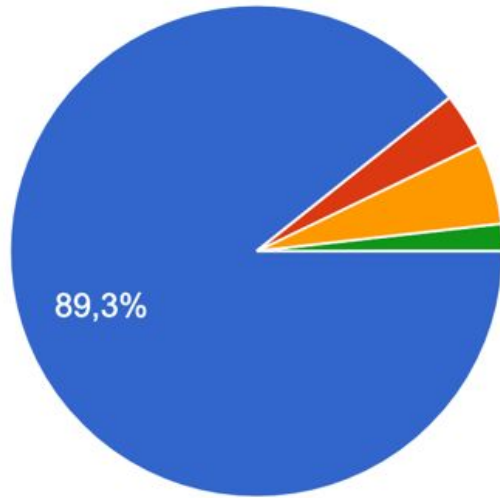


- 2'5 L
- 1 L
- Less than 1 L
- I don't know
- I don't drink water

Median = 28 Less than half of the respondents drink 2'5 L of water per day

Mode: "1 L" Among the respondents, the most common answer is that they drink 1 L of water per day

6. DO YOU THINK IT'S IMPORTANT TO HAVE A MORE BALANCED DIET IN ORDER TO HAVE A HEALTHIER LIFESTYLE?

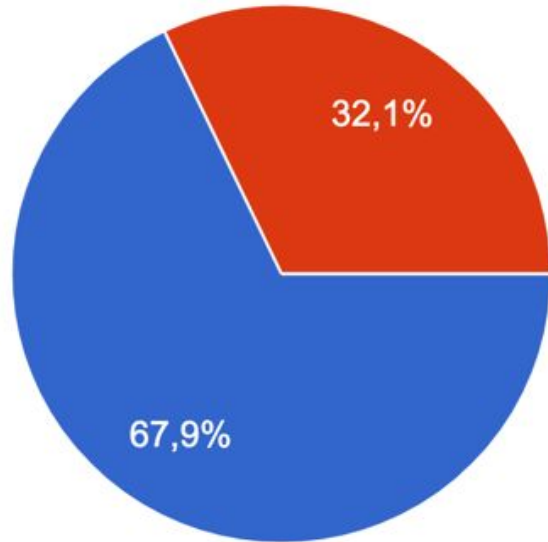


- Yes
- No
- It doesn't matter if you workout
- Both are important

Median = 28 Almost all of the respondents think it's important to have a balanced diet

Mode: "Yes" Among the respondents, the most common answer is that they think it's important to have a balanced diet

7. DO YOU CARE ABOUT THE ORIGIN OF THE FOOD YOU EAT?

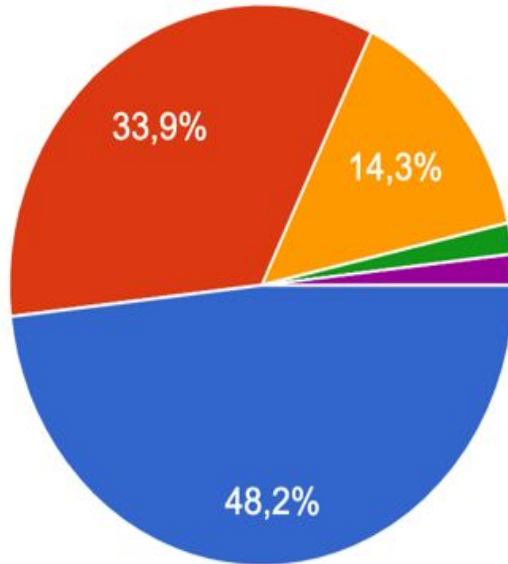


● Yes
● No

Median = 28 Half of the respondents care about the origin of the food

Mode: "Yes" Among the respondents, the most common answer is that they care about the origin of the food

8. IN CASE YOU DO, WHAT DO YOU LOOK FOR WHEN CHOOSING BETWEEN TWO PRODUCTS?

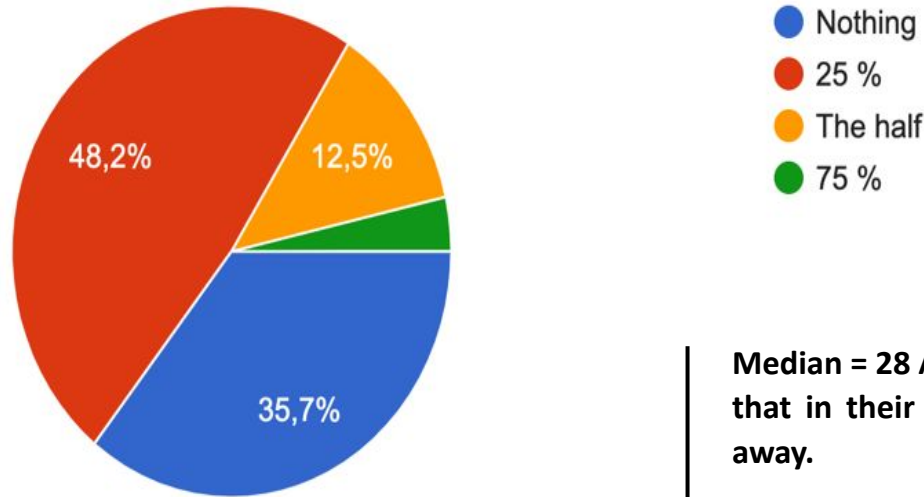


- The calories
- The amount of sugar
- If it's ecologic
- precio
- None

Median = 28 Half of the respondents look for the calories when buying

Mode: "The calories" Among the respondents, the most common answer is that they look for the calories when buying

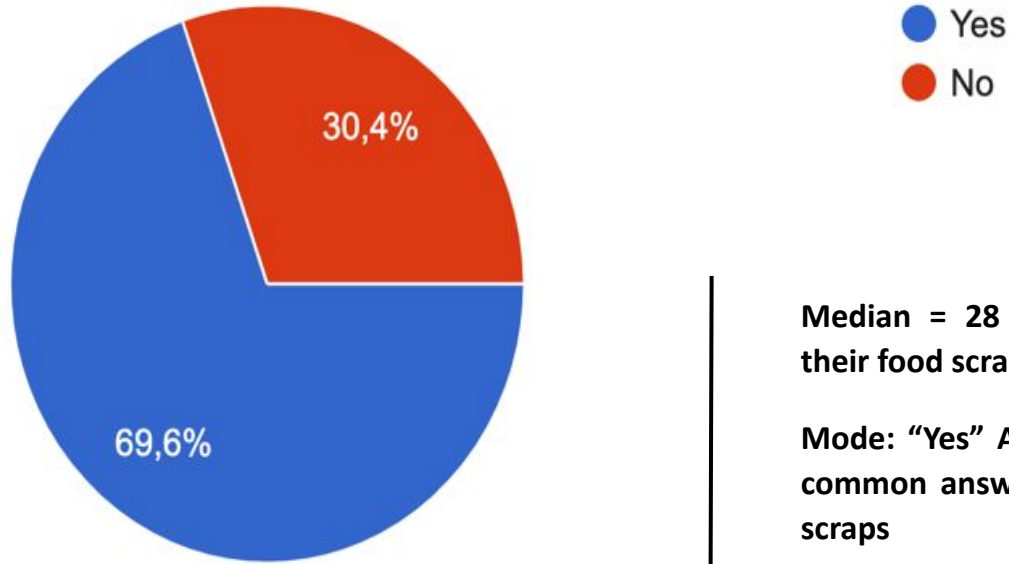
9. HOW MUCH FOOD DO YOU THINK IS THROWN AWAY IN YOUR HOUSE?



Median = 28 Almost half of the respondents think that in their houses 25% of the food is thrown away.

Mode: "25 %" Among the respondents, the most common answer is that they throw away a 25 % of the food

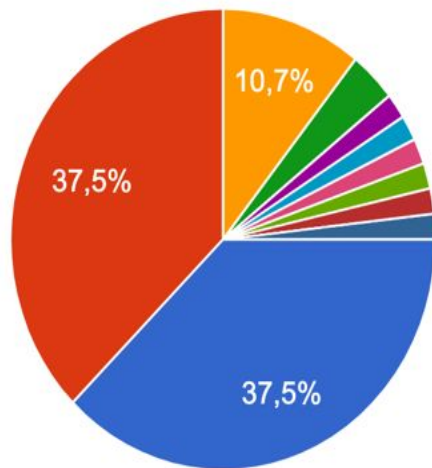
10. DO YOU RECYCLE YOUR FOOD SCRAPS?



Median = 28 Half of the respondents recycle their food scraps

Mode: "Yes" Among the respondents, the most common answer is that they recycle their food scraps

11. IN CASE YOU DO, HOW DO YOU USE THEM?



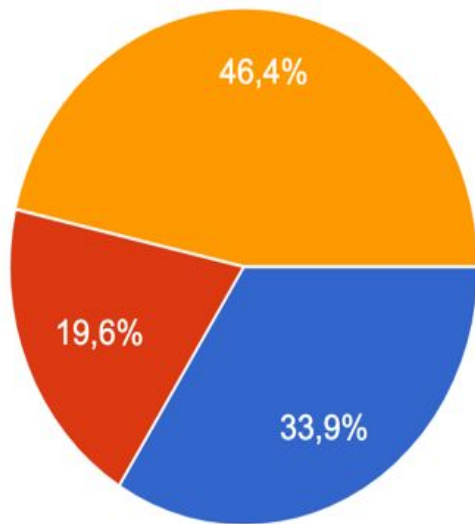
- To make more food
- To give them to my pets
- To make compost
- No lo hago
- Se las doy a las gallinas de mi abuela
- No
- Pienso
- Nothing

▲ 1/2 ▼

Median = 28 Less than half of the respondents make more food with the scraps or they give them to their pets

Mode: "To make more food" and "To give them to my pets"
Among the respondents, the most common answer is that they make more food or they give them to their pets

12. DO YOU USUALLY SHOP WITH A GROCERY LIST?



Median = 28 Almost half of the respondents sometimes shop with a grocery list.

Mode: "sometimes" Among the respondents, the most common answer is that they shop with a grocery list